



## WYLIE INDEPENDENT SCHOOL DISTRICT

H. John Fuller, Ed.D.  
Superintendent

Teresa J. Theisen  
Principal, Wylie High School

January 3, 2005

Dear Brenda,

I teach Integrated Physics and Chemistry at Wylie High School. Because of my profession, I do a lot of reading and research on all kinds of topics, including health, nutrition, and biomechanics, etc.. I would like to let you know how much I enjoy your products. I began with your Joint Renewal Complex 3 years ago as a trial, and have expanded to the Mega Nutritional System, Nu Born Skin, and many of your Intensive Renewal facial products.

I have been training in the Martial Arts, specifically Kung Fu, going on 6 years. I will be 53 in a few months. After training in Kung Fu for about 2 1/2 years, I started waking up nights with my knees and elbows aching. I started taking glucosamine chondroitin and MSM. That helped some. But then I visited your booth at the Organic Home and Garden Show 3 years ago and bought some of the Joint Renewal Complex. Since being on the complex, I no longer have problems with aching joints. In addition to Kung Fu, two years ago I started running to increase my endurance. As an organic gardener, I know and understand the importance of micronutrients and balancing essential nutrients. The other nutrients contained in the complex besides the glucosamine chondroitin and MSM have benefited me greatly in other areas besides just joint support. After taking the Joint Renewal Complex for a year or so, I noticed how healthy my fingernails were. I have never been able to grow long nails because they grew slowly and would split and break. Now not only do they grow fast, but they don't split and break readily. Additionally, there is something in the complex that either soothes my intestines, neutralizes the bile acid, or both. About 10 years after having my gall bladder removed, I started having chronic loose bowel movements diagnosed as caused from the constant flow of bile acid that was then irritating my intestines. The details aren't important on how I figured this out, but I was able to get off the prescription medication. The only thing I had changed in my diet at that time was taking the Joint Renewal Complex.

It sounds crazy but it is true. I have been off the prescription medication for almost 2 years now.

Over the last year I have started taking the Mega Nutritional System and the Nu Born Skin in addition to switching to your Intensive Renewal facial products. After my daughter came home from college, she asked me what skin products I was using and if I was wearing any make up. At that time, I didn't have any make up on. She couldn't believe it. She said my skin had never looked better – healthy, radiant, and not so splotchy. I had previously been having a lot of break outs on my face and these have stopped. For the first time since I was a teenager, I feel like my skin looks good enough that I will often go without make up. People often don't believe me when they find out my age.

I have never felt healthier or more energetic, and I am sleeping better. I am sorry this is so long, but I had so much that I felt needed to be said. I applaud your efforts to develop good healthy products that deliver what they promise and at very reasonable prices compared to what you would spend at the cosmetic counter in a major department store. I enjoy being one of your happy, satisfied customers. I appreciate the way you ship your products immediately. More importantly, I am most grateful for discovering your products.

Sincerely,

Linda Treadaway-Martin